

**TREMPEALEAU CHAMBER OF
COMMERCE WELCOMES YOU!**

DINING

The Coffee Attic Sullivan's Supper Club
Wason's Supper Club Trempealeau Hotel
Beedle's Bar & Restaurant

LODGING

Lucas House B & B Inn On The River
Pleasant Knoll Inn Trempealeau Hotel
The Cabin Cabin By The River
Mulberry Meadows

RECREATION

Perrot State Park
Great River State Bike Trail
Trempealeau National Wildlife Refuge
Lock & Dam No. 6
McGilvary Bridges

TREMPEALEAU
CHAMBER OF COMMERCE
PO BOX 242
TREMPEALEAU WI 54661

**TREMPEALEAU
HIP BREAKER
BIKE TOUR**



**10 Mile Fun Ride
23 & 43 Mile Tours**

**16th ANNUAL SPRING
BIKE TOUR**

Saturday, May 10, 2008

www.trempealeau.net
E-mail: chamber@trempealeau.net

WHEN

Saturday, May 10, 2008

Registration starts at 8:00 a.m.

Mass starts at 9:00 a.m.—please be on time

WHERE

Trempealeau Hotel

Trempealeau is located on Hwy. 35 just 17 miles north of La Crosse and 18 miles South-east of Winona. When Hwy. 35 crosses Main Street, head down toward the river. The Hotel is on the left side of the road just 2 blocks down.

ABOUT THE RIDE

All routes go through beautiful Perrot Park and onto the low-traffic, paved back roads of Trempealeau County. Sag service is provided. Rest stops include beverages, fruit, snacks, and portable toilets.

10 Mile Route: Great for families and folks who want an early season warm-up. No rest stops.

23 Mile Route: More challenging, with one good hill. Two rest stops.

43 Mile Route: Includes the infamous “Hip Breaker Hill”! Make it up this one and win lifetime bragging rights. Also includes two other significant hills. Three rest stops.

CONTACT INFORMATION

Trempealeau Chamber of Commerce

Phone: 608-534-6780

E-mail: chamber@trempealeau.net

Website: www.trempealeau.net

REGISTRATION AND RIDER RELEASE FORM

HELMETS ARE REQUIRED!

Return this form and check made payable to:

Trempealeau Chamber of Commerce

PO Box 242 Trempealeau WI 54661

Name & Age (Please Print)

1. _____ 3. _____

2. _____ 4. _____

Address _____

City _____ State _____ Zip _____

Phone _____

Tell us how you heard about the Hip Breaker Bike Tour _____

Fee Per Rider:

Adult - before May 1, 2008

\$15.00 _____

Children under 10 - before May 1, 2008

\$12.00 _____

Adult -after May 1, 2008 (Shirt No Included)

\$15.00 _____

Children under 10 - after May 1, 2008 (No Shirt)

\$12.00 _____

Total: _____

T-Shirt Size (One for each paid adult registration) Sorry, no children's sizes available.

Small _____ Med _____ Large _____ XL _____ XXL (add \$1) _____


Required Release

Each registrant must sign! (Parent or guardian must sign for children under 18).

I realize bicycling is a potentially hazardous activity. I assume all risks associated with the Trempealeau Hip Breaker Bike Tour 2008 and waive all claims for injuries or damages of any kind suffered by myself or my children.

1. _____ 3. _____

2. _____ 4. _____



**REGISTER BY
MAY 1, 2008
TO QUALIFY FOR THE
PRE-RIDE RAFFLE
AND T-SHIRT**